

## Commander - Alan M. Wondrasek AMVETS Department of North Dakota



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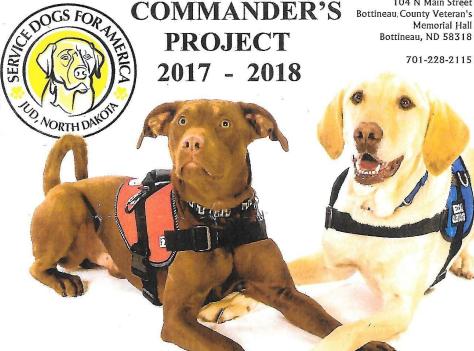
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**Marty Douglas** Dev. Dir. And CDR Al Wondraek with Service Dog

> AL WONDRASEK, CDR AMVETS DEPT OF NORTH DAKOTA has selected for his COMMANDER'S PROJECT 2017 TO 2018 to assist Service Members with

## PTSD (Post – Traumatic Stress Disorder)

trained dogs to perform tasks that mitigate their partner's disability. They are trained to interrupt anxiety attacks, wake their partner from nightmares or night terrors, heel in front or circle behind to create space, retrieve or remind their partner to take medications, and guide their partner safely to an exit and outside a building in stressful situations. A specially trained PTSD Service Dog can provide a sense of security, calming effect, and physical exercise that can make a positive difference in the life of an individual dealing with the daily challenges of PTSD.

> YOUR SUPPORT TODAY WILL PROVIDE A SERVICE MEMBER NEW LIFE!